CONFIDENTIAL PATIENT CASE HISTORY

MEDICARE BASE INSURANCE

Please complete this questionnaire. This confidential history will be part of your permanent records.
Today's Date / Signature of Patient
Patient Title: (check one) Mr. OMrs. OMs. OMiss ODr. OProf. ORev.
First Name Nick Name
Last Name Middle Name Suffix
Address 1
Address 2
City State Zip Code
Primary PhoneSecondary Phone
Mobile Phone
Home Email Work Email
Which email address would you like us to use to communicate with you? (Check one) Home Work Contact Method (Check one) Primary Phone Secondary Phone Mobile Phone Home Email Work Email Date of Birth / Age Gender (Check one) Male Female OUnspecified
Marital Status (Check one) Single Married Other SSN
Employment Status (Check one) Employed OFT Student Other Retired Self Employed
Race (Check one) White Black/African American Asian Indian Asian Asian Indian Japanese Korean Samoan Guamanian or Chamorro Hispanic American Indian/Alaskan Native Filipino Native Hawaiian or other Pacific Island Other I choose not to specify
Multi-Racial (Check one) Yes No OJnknown
Ethnicity (Check one) OHispanic or Latino ONot Hispanic or Latino OI choose not to specify
Preferred Language (Check one) English Spanish American Sign Language Chinese French German Tagalog Vietnamese Italian Korean French Creole Greek Hindi Persian Urdu Gujarati Armenian I choose not to specify

Verification Question (Choose only one question by checking the question, then give the answer to that question)
What is the name of your favorite pet?
Verification Answer to the Chosen question:
Do you currently smoke tobacco of any kind? Yes Former smoker Never been a smoker lfyes, how often do you smoke: Current every day smoker Current sometimes smoker lfyes, what is your level of interest in quitting smoking? Date began smoking, even if former smoker? O O O O O O O O O O O O O O O O O O O
Current medications, including dosage if known. If there are no current medications, check here:
1)
2)
3)
4)
List any known allergies you have had to any medications. If no allergies are known, check here: 3) 2)
Occupation Employer
Who referred you to us? How else did you hear about us?
What is your major complaint?
How long have you had this condition?
Have you had this or similar conditions in the past?
Do any positions make it feel worse?
Do any positions make it feel better?
Is this condition: Olmproved Ounchanged OGetting Worse
Is this condition interfering with your:

Other doctors or therapists who have treated THIS condition
What do you think caused this condition? List surgical operations and years:
Do you have a family physician? Name :
Has any doctor diagnosed you with Hypertension presently? Ores ONo If yes, describe:
Has any doctor diagnosed you with Diabetes presently? If yes to Diabetes, was your blood lab-work test for hemoglobin A1c > 9.0%? If yes, other comments regarding Diabetes:
Have you had an X-ray or CT scan or MRI of your low back spine in the past 28 days?
To be performed by clinic staff: Height:inches Weight:pounds BP:/
Your Insurance Information
Medical Insurance: ID#:
Group #: Policy Holder Name: Relationship: Policy Holder Date of birth:
Policy Holder's Employer:

REVIEW OF SY	'STEM	S	Check only the ones you no	ow ha	ive	or have h <u>ad</u> in the past.		
GENERAL	NOW	PAST	THR <u>OAT</u>	NOW	PAST	GASTROINTESTINAL	NOW PA	ST
Weakness			Soreness			Abdominal Pain		
Fatigue			Bad Tonsils			Nausea		
Fever			Hoarseness			Bloated		
Chills			Pain			Belching		
Night Sweats			Trouble Swallowing			Heartburn		
Fainting			Recurrent Infections			Indigestion		
SKIN	10124410	1000	<u>NECK</u>			Irregular Bowel Habits		
Color Changes			Neck Enlargement			Constipation		
Nail Changes			Stiff Neck			Diarrhea		
Hair Changes			Soreness			Gas		
Moles			Lumps			Hemorrhoids		
Rashes			Masses			Poor Appetite		
Sores			BREASTS			Food Intolerance		
Weakness			Discharge			Bloody Stools		
HEAD_	_		Lumps			Black Stools	Ш	
Headaches			Pain			GENITOURINARY		
Injuries			Bleeding			Urgency Incontinence		
Bumps	Ш	Ш	Nipple Changes Skin Changes			Straining		
Last Eye Exam Glasses			Bloated			Back Pain		
Contacts	님		LUNGS	ш		Frequent Voiding		
Cataracts	H		Cough			Stones		
EARS	ш	ш	Phlegm			Burning		
Hard of Hearing			Blood			Bed Wetting		
Deafness			Short of Breath			Small Stream		
Ringing			Wheezing			Discharge		
Discharge			Pain			Impotence		
Earache			Congestion			Dribbling		
Itching			Inhalant Exposure			Cloudy Urine		
Dizziness			HEART_			Urine Color		
Room Spins			Murmur			Spotting Between Periods		
NOSE .			Palpitations			Menstrual Cramps		
Decreased Smell			Rapid Heartbeat			Discharge		
Bleeding			Swollen Extremities			Itching		
Pain			Cold Extremities			Painful Intercourse		
Discharge			Chest Pain/Pressure			Irregular Periods		
Obstruction			Varicose Veins			Hot Flashes		
Post Nasal Drip			Blood Clots			Contraception Type		
Deviated Septum			Blue Extremities			Age at First Period		
Runny Nose			BLOOD		Name and	Duration of Cycle		
Sinus Congestion			Anemia			Duration of Flow		
<u>MOUTH</u>	-		Low Blood Iron			No. of Pregnancies		
Bleeding Gums			Easy Bruising			No. of Births		
Sores			Easy Bleeding			No. of Miscarriages		
Dental Problems			Swollen Nodes			No. of AbortionsHeavy		
Bad Breath			Painful Nodes					
Loss of Taste			Sugar in Blood			Last Period		
Dry Mouth			Red Spots			Last Pap Smear		
Ulcers						Last Vaginal Exam		
Blisters		Ц				Last Mammogram		

FAMILY HIS	TORY Lis	t any of the dis	eases listed a	bove which run ii	n your family.	
Relative	Age if Living	Age at Death Ca	use of Death	State of Health	Illnesses	
Father						
Mother						
Brother(s)						
Sister(s)						
Grandmothe Paternal Grandfather	er					
SOCIAL HIST	ORY Ch	eck the boxes a	ınd fill in.			
Current Weigh	t	Have you rec	ently lost or ga			
Mental Work	Heavy	M oderate	OLight H	ours per day		
Physical Work	OHeavy	○ Moderate	O Light H	ours per day		
Exercise	OHeavy	OModerate	OLight He	ours per week	Туре	
Alcohol	Beer/Week	ι	_iquor/Week	Wine/We	eek No. of Years	
Caffeine	Cups/Day _ (Coffee, To		o. of Years	<u> </u>		
Aspirin	No./Day	No. c	of Years	Others		
SYMPTOMS	Mark the a	reas of your syr	mptoms on th	ne figure to the rig	ght.	
Use the followi	ng symbols:	Indicate wher	e you have pa	in or other sympt	oms	
Aches XXXX Burning ^^^^	Numbness o	0000 Pins/Need	dles ···· Stabbir	ng ////		,/
How often d		rience your s now?	symptoms?	Circle One	/t///// '	λ λ\
Constantly (7	6-100%) Fre	equently (51-75	5%)	,		/// ₇ \\\
Occasionally	(26-50%) Int	ermittently (0-2	5%)	\$		01+10
How bad have	they been in tl	he past? (Past 4	weeks) Circle	e One). () =(\
0 1 2	3 4 5	6 7 8	9 10		()()	()()
None		Most S			\()(1/1/
		toms chan			UU	$\Omega\Omega$
Getting Be	etter No	t Changing	Getting	\Morse		

Seizures Vertigo Dizziness Hand Trembling Loss of Sensation Incoordination Loss of Facial Weak Grip Paralysis Difficulty Speech Tingling Loss of Memory Numbness ENDOCRINE		PAST	PSYCHIATRIC Hyperventilation Insecurity Depression Troubled Sleep Irritable Undecidedness Timid Hallucinations Loss of Memory Alcoholism Drug Addiction Drug Dependent Suicidal Thoughts Extreme Worry Sexual Problems		AST OO	MUSCULOSKELETA Muscle Pain Muscle Weakne Muscle Cramps Muscle Twitchin Joint Stiffness Joint Pain	ss
WeightLoss							
Weight Gain Extremely Thin Heat Intolerance Cold Intolerance Hair Changes Breast Changes IMMUNIZATION/V DPT Mumps Small pox Typhoid Tetanus Measles Pneumococcal Influenza Polio MMR BLOOD TYPE A +		ATION	PAST MEDICAL HIST Hay Fever Mumps Rheumatic Fever Allergies Angina Cancer Tumor Blood Disease Leukemia Heart Trouble Varicose Veins Phlebitis Hypertension Stroke Ulcers Jaundice Skin Trouble Gallstones Liver Trouble Hepatitis		neck on	Parasites Parasites Epilepsy Paralysis Polio Mental Illness Alcoholism Depression Nervous Breakdown Migraine Gout Hemorrhoids Prostate Problems Sexual Problems Gonorrhea Syphilis Diabetes Bladder Trouble Kidney Stones Kidney Infections Dysentery	d in the past.
$AB + \square AB - O - O -$	\exists						
Other	_		Date of Last Chest X-R	Ray		ONormal	OAbnormal
BLOOD TRANSFUS	IONS		Last TB Skin Test			ONormal	OAbnormal
Date			Allergies:				
Date							
Date							
Date			**************************************				

Lancaster Depew Chiropractic 345 Dick Road Depew, NY 14043

Jason D. Cichocki, D.C. Peter J. Guzinski, D.C.

Sarah L. Soper, D.C.

By Signing Below:

I authorize the office of Lancaster Depew Chiropractic and all of the doctors of Lancaster Depew Chiropractic to contact all phone numbers, including text messages and email addresses listed in my file.

In addition, I am requesting appointment reminder calls or other non-personal office matters to be sent via text or email to the following:

Printed Patient Name:				
□ I choose not to be contacted by	text and e	mail		
□ I choose to be contacted by:	□ Text		Email	
Cell phone #: ()				
Cell Phone Carrier:				
Email Address:			- v g	
I may withdrawal authorization at request in writing to the office add	anytime by ress listed	submittir above.	ng my	
Patient/Parent/Guardian Signature	<u> </u>	-	Date	un i

Activities of Daily Living

1. Bathing/showering 0 1 2 3 NP 2. Bending forward/backward 0 1 2 3 NP 3. Brushing teeth 0 1 2 3 NP 4. Buttoning shirt 0 1 2 3 NP 5. Driving 0 1 2 3 NP 6. Drying hair 0 1 2 3 NP 7. Household chores 0 1 2 3 NP 8. Laundry 0 1 2 3 NP 9. Lifting less than 10 lbs 0 1 2 3 NP 10.Lifting more than 10 lbs 0 1 2 3 NP 11.Kneeling 0 1 2 3 NP 12.Making meals 0 1 2 3 NP 13.Prolonged sitting (> 30 min.) 0 1 2 3 NP 14.Putting pants on 0 1 2 3 NP 15.Putting shoes/socks on 0 1 2 3 NP 16.Reaching above the shoulder 0 1 2 3 NP	rent degree of pain and/or dowing activities. pain 1-Mild pain 2-Moderate	ifficul	ty who	en perf	orm	ing the	
2. Bending forward/backward 0 1 2 3 NP 3. Brushing teeth 0 1 2 3 NP 4. Buttoning shirt 0 1 2 3 NP 5. Driving 0 1 2 3 NP 6. Drying hair 0 1 2 3 NP 7. Household chores 0 1 2 3 NP 8. Laundry 0 1 2 3 NP 9. Lifting less than 10 lbs 0 1 2 3 NP 10.Lifting more than 10 lbs 0 1 2 3 NP 11.Kneeling 0 1 2 3 NP 12.Making meals 0 1 2 3 NP 13.Prolonged sitting (> 30 min.) 0 1 2 3 NP 14.Putting pants on 0 1 2 3 NP 15.Putting shoes/socks on 0 1 2 3 NP 16.Reaching above the shoulder 0 <th></th> <th>e pain</th> <th>3-Seve</th> <th>ere pain</th> <th>NP-</th> <th>·Not perfor</th> <th>mod</th>		e pain	3-Seve	ere pain	NP-	·Not perfor	mod
2. Bending forward/backward 0 1 2 3 NP 3. Brushing teeth 0 1 2 3 NP 4. Buttoning shirt 0 1 2 3 NP 5. Driving 0 1 2 3 NP 6. Drying hair 0 1 2 3 NP 7. Household chores 0 1 2 3 NP 8. Laundry 0 1 2 3 NP 9. Lifting less than 10 lbs 0 1 2 3 NP 10.Lifting more than 10 lbs 0 1 2 3 NP 11.Kneeling 0 1 2 3 NP 12.Making meals 0 1 2 3 NP 13.Prolonged sitting (> 30 min.) 0 1 2 3 NP 14.Putting pants on 0 1 2 3 NP 15.Putting shoes/socks on 0 1 2 3 NP 16.Reaching above the shoulder 0 <th>. Bathing/showering</th> <th></th> <th></th> <th></th> <th></th> <th></th> <th>meu</th>	. Bathing/showering						meu
18.Seated to standing position 0 1 2 3 NP 19.Sexual activity 0 1 2 3 NP 20.Standing 0 1 2 3 NP 21.Squatting 0 1 2 3 NP	Bending forward/backward Brushing teeth Buttoning shirt Driving Drying hair Household chores Laundry Lifting less than 10 lbs Lifting more than 10 lbs Lifting more than 10 lbs Making meals Prolonged sitting (> 30 min.) Putting pants on Putting shoes/socks on Reaching above the shoulder Restful night's sleep Seated to standing position Sexual activity Standing	0 0 0 0 0 0 0 0 0 0 0 0 0 0	1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2	3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3	NP N	
21. Squatting 0 1 2 3 NP 22. Taking out the trash 0 1 2 3 NP 23. Tying shoes 0 1 2 3 NP 24. Using lavatory 0 1 2 3 NP 25. Walking 0 1 2 3 NP Patient Signature: Date:	2.Taking out the trash 3.Tying shoes 4.Using lavatory	0 0 0	1 1 1	2 2 2	3 3 3	NP NP NP NP	

Lancaster Depew Chiropractic 345 Dick Road Depew NY 14043

Jason D. Cichocki, D.C. Peter J. Guzinski, D.C.

Sarah L. Soper, D.C.

PATIENT NOTIFICATION OF FINANCIAL RESPONSIBILITY

I understand that I may be financially responsible for any charges incurred at this office, including copayments, deductibles and charges denied or not covered by my insurance company.

All copay's, deductibles, co-insurance, etc are required to be paid at the time of service. If a claim comes back with a balance that is still due the balance must be paid in full upon receipt of the bill or at the next visit, whichever comes first.

My signature below verifies my acknowledgement of the above policy. If I am unable to make payment in full I must make pre-arrangements with the billing department. The billing department reserves the right to make any exceptions to this policy on an individual basis.

Print Patient Name		Signature of Patient or Parent/Guardian
Date		
Administration		
Acknowledgement of unde	rstanding of notice of P	rivacy Practices for protected health information
I acknowledge that I understar	nd Lancaster Denew Chir	opractic's notice of Privacy Practices for protected lewed at the front receptionist desk.
Print Patient Name	<u></u>	Signature of Patient or Parent/Guardian
		oignature of Fatient of Fatenivouardian
Date		
authorize the following individently individently individently individual authorization authorizatio	lual(s) listed below to disc	uss my health information with Lancaster Depew
I. Name:	Relationship:	Phone #:
0.5		Phone #:
. Name:	Relationship:	Phone #:

Lancaster Depew Chiropractic 345 Dick Road Depew NY 14043 Phone: 716-681-3333

Fax: 716-681-3037

Jason D. Cichocki, D.C. Peter J. Guzinski, D.C.

Sarah L. Soper, D.C.

Office Policy on High Deductible Plans

Dear Patient:

"High Deductible" plans are becoming more common with insurance companies. The high deductible plans require the patient to pay for services out of pocket before the insurance plan picks up any liability. The deductible amounts can vary anywhere from hundreds to thousands of dollars. The deductible will start again each year when your plan renews.

It is our office policy to collect this deductible amount at the time of service if a deductible amount is remaining. The fees are based on the fee schedules provided by each insurance company. Once the claim has been processed, if there is a difference in the amount due you will be reimbursed or a bill will be sent to you for the additional amount owed.

It is ultimately the patient's responsibility to know if their plan has a high deductible and if it has been met for the year. If you have any questions about this please contact your insurance carrier and they can provide you with this vital information.

If you have any questions or concerns regarding this please do not hesitate to ask our staff members.

I HAVE READ THIS EXPLAINATON AND ACCEPT FINANCIAL RESPONSIBILTY FOR ANY CHARGES NOT COVERED BY MY INSURANCE.

Date				Print	Name	•
			, ti			



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Informed Consent to Care

You are the decision maker for your health care. Part of our role is to provide you with information to assist you in making informed choices. This process is often referred to as "informed consent" and involves your understanding and agreement regarding the care we recommend, the benefits and risks associated with the care, alternatives, and the potential effect on your health if you choose not to receive the care.

We may conduct some diagnostic or examination procedures if indicated. Any examinations or tests conducted will be carefully performed but may be uncomfortable.

Chiropractic care centrally involves what is known as a chiropractic adjustment. There may be additional supportive procedures or recommendations as well. When providing an adjustment, we use our hands or an instrument to reposition anatomical structures, such as vertebrae. Potential benefits of an adjustment include restoring normal joint motion, reducing swelling and inflammation in a joint, reducing pain in the joint, and improving neurological functioning and overall well-being.

It is important that you understand, as with all health care approaches, results are not guaranteed, and there is no promise to cure. As with all types of health care interventions, there are some risks to care, including, but not limited to: muscle spasms, aggravating and/or temporary increase in symptoms, lack of improvement of symptoms, burns and/or scarring from electrical stimulation and from hot or cold therapies, including but not limited to hot packs and ice, fractures (broken bones), disc injuries, strokes, dislocations, strains, and sprains. With respect to strokes, there is a rare but serious condition known as an "arterial dissection" that typically is caused by a tear in the inner layer of the artery that may cause the development of a thrombus (clot) with the potential to lead to a stroke. The best available scientific evidence supports the understanding that chiropractic adjustment does not cause a dissection in a normal, healthy artery. Disease processes, genetic disorders, medications, and vessel abnormalities may cause an artery to be more susceptible to dissection. Strokes caused by arterial dissections have been associated with over 72 everyday activities such as sneezing, driving, and playing tennis.

Arterial dissections occur in 3-4 of every 100,000 people whether they are receiving health care or not. Patients who experience this condition often, but not always, present to their medical doctor or chiropractor with neck pain and headache. Unfortunately, a percentage of these patients will experience a stroke.

The reported association between chiropractic visits and stroke is exceedingly rare and is estimated to be related in one in one million to one in two million cervical adjustments. For comparison, the incidence of hospital admission attributed to aspirin use from major GI events

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of the entire (upper and lower) GI tract was 1219 events/ per one million persons/year and risk of death has been estimated as 104 per one million users.

It is also important that you understand there are treatment options available for your condition other than chiropractic procedures. Likely, you have tried many of these approaches already. These options may include, but are not limited to: self-administered care, over-the-counter pain relievers, physical measures and rest, medical care with prescription drugs, physical therapy, bracing, injections, and surgery. Lastly, you have the right to a second opinion and to secure other opinions about your circumstances and health care as you see fit.

I have read, or have had read to me, the above consent. I appreciate that it is not possible to consider every possible complication to care. I approve and direct Dr, other doctors or others judged by him or her (including interns, assistants, and/ or preceptors) to perform the appropriate care and treatment not limited to adjustment. I have also had an opportunity to ask questions about its content, and by signing below, I agree with the current or future recommendation to receive interaction or treatment as is deemed appropriate for no circumstance.								
Patient Name	Signature	Date						
Parent or Guardian	Signature	Date						
Witness Name	Signature	Date						
 □ We discussed the possible si soreness is to be expected. □ The importance of performine □ The patient was made aware □ Diagnoses were shared with □ Alternative treatment option 	were discussed with patient and patient de effects of the treatment performed i ng all prescribed home care was discuss e of the possibility of symptoms worsen patient and the patient verbalized an u ns for this condition were discussed with	n this office, that post treatment ed. ing improving. nderstanding.						
Doctor's Initial								

AUTHORIZATION TO RELEASE MEDICAL INFORMATION

o:
ax #:
request the following information: (Patient's name)
records () reports () doctors notes () billing information
oncerning my: () Auto Accident () Work Accident () Other
o be released to: Lancaster Depew Chiropractic 345 Dick Road Depew, NY 14043 Fax #: (716) 681-3037
or the purpose of: Treatment – this will allow the doctor to be well informed my care outside of this office.
ccording to Section 25252 of the Health and Safety Code, these records mus to provided within 15 days of receipt of this notice.
gned:Date:
elationship to patient:

LANCASTER DEPEW CHIROPRACTIC
345 DICK ROAD
DEPEW, NY 14043
(716) 681-3333 (phone)
(716) 681-3037 (fax)



Medicare Notice of Non-Payable Services

•	Sarah	L. Soper,	D.C.
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 Dr. Jason Cichocki, DC ● Dr. Peter C 	ouzinski, DC ●
345 Dick Road, Depew NY 140	43 ♦ Telephone: (716) 681-3333
Patient Name:	
Medicare will only pay for spinal manipulation of the services provided in this office of need them. The list below indicates the service Medicare and you are responsible to pay for the service of the	even though we have good reason to that you ces and items that are non payable we do
 Chiropractic New Patient Examinations Chiropractic Re-Examinations Spinal Decompression Therapy Laser Therapy Ultrasound Orthotics Other: 	\$100.00 \$55.00 \$60.00 \$40.00 \$40.00 \$ Prices Vary on products \$
Patient Acknowledgement:	
I acknowledge that I have been told in advant covered services under Medicare. I agree to not covered. I acknowledge that I am signing provided. I understand that I have the right to am fully responsible for all non-covered services.	pay for these services and items as they are this form before any services or items were
Printed Name:	
Signature:	Date: